

# Avila Examiner

Volume 12, No. 2

Avila College, Kansas City, MO

October 1, 1987

## New Faces, New Places

By Todd Perkins

There are a lot of new faces on campus this year, and we're not just talking about freshmen! Since last spring, there have been a number of changes in the Avila faculty and staff. There are new faces as well as familiar faces in new places.

Sister Joan Marie Harris, Ph.D. is our new Vice President and Dean for Academic Affairs. (G. Richard Scott, who formerly held this post, will be Avila's first Director of Planned Giving.) Sister Marie Joan is well known among the science majors, having been a faculty member for seventeen years. In fact, she was elected Professor of the Year in 1985.

Sister was instrumental in the founding of the Medical Technology and Allied Health fields, and chaired the Natural Science Department for four years. Her administrative experience also extends to St. Joseph Health Center, where she is a trustee, and was active in the hospital's corporate reorganization.

Because of her outstanding record and background, of which only a part is mentioned here, she was chosen for this post out of over 80 applicants. Sister Marie Joan can now be found in Blasco, supervising areas related to transfers, registration, testing, continuing education, and all student academic programs.

Another familiar face in a new place is Dan Larson, the new Humanities Chairman. Humanities combines the former Performing

and visual arts department, Communications, philosophy and theology, as well as music and languages.

This is the start of Dan's eleventh year at Avila. He began as a music instructor, then in 1983 he became coordinator of the music division. Dan has his masters and Bachelors degrees in music, and is currently a doctoral candidate in musical art.

According to Dan, his position can be described as a type of "middleman between the faculty and the administration: in that I'm part faculty and part administration". One of his greatest concerns is getting the department a greater campus visibility and recognition -- Humanities is not only new, it's strong! All the other constituents buy into the department. Dan is also very concerned with building a sense of community and making the department into an even stronger cohesive unit.

Dan finds that the new post is not only challenging, but offers opportunities to grow professionally. He finds that everyone has been very helpful, supportive and positive in regards to the new department. Officially Dan has only two courses and four to six voice students to teach with his new responsibilities.

Anyone who has wandered through Marian Centre since school started might have seen Susan Dumay, Avila's new Central Reservationist. As you might guess from the name, Susan keeps track

of the reservations for the various rooms and the school van. She also, however, is in charge of student I.D.'s (Oh! so that's where I've seen her!) and is the liaison for catering on campus. As Susan puts it, she allocates space usage for on-campus organizations and lots of other small but important stuff.

Susan graduated with a bachelors degree in English and a business minor from K.U. She spent a nine month internship in Washington D.C. with the department of Housing and Urban Development. Before coming to work here, the only person she knew from Avila was a friend in nursing. Now, on the other hand, she's getting a lot more exposure to the real Avila.

One of the challenges in her new job is finding new areas where she can be effective, such as a mass computerization of records, to save time as well as space. Susan's leadership and assertiveness training will come in handy as she searches for other avenues to explore so that she can reach her fullest potential. Susan is also a big basketball fan and used to show horses. She is an active alumna of her sorority -- Alpha Omicron Pi, and also loves canoeing. As for her long range goals, someday Susan would like to own and operate a bookstore with a coffeshop in back, where people could go to read newly purchased papers or books, or just chat.

Homecoming

'87

Saturday,  
October  
3rd

Don't  
miss  
Avila's  
Fall

HOMECOMING

Dance

at the

Embassy Suites

(on the Plaza)

from

8 to Midnight

• Free to Avila Students & Guests

• Cash Bar • Music from 50's-80's

• Semi-Formal • Food

## Avila Represented During Pope's Visit to New Orleans

By Patrick C. Wood

Thousands of people gathered in the streets of New Orleans, Louisiana, to greet Pope John Paul II as he rode through the city, September 12. New Orleans was one of the ten cities visited by the Pope during his ten day pilgrimage to the United States. In this crowd were five familiar faces from Avila: Dr. Larry Kramer, Mrs. Kramer, Sister Olive Louise, Cindy Cook, and Michelle Graff. They served as delegates, invited by the Association of Catholic Colleges and Universities, to represent Avila at a special academic convocation held in honor of His Holiness, Pope John Paul II.

"It was a chance of a lifetime," exclaimed Cindy Cook, Junior Nursing Major. "I felt very privileged and grateful to Avila for the opportunity."

"The Pope passed in front of our hotel Saturday morning -- I could have reached out and touched him if I wasn't so busy taking pictures," said Michelle Graff, Junior Psychology/Political Science Major.

The delegation arrived in New Orleans Friday afternoon, September 11. Saturday afternoon they attended a Mass at the Hyatt for those participating in the convocation. Following the Mass, they took a bus to Xavier University where they, along with a crowd of 2500-3000 others, gathered in a courtyard to listen to the Pope's address.

"The crowd wasn't as big as I thought it would be; we sat in the

eleventh row; but there were secret service men everywhere. They checked our purses and cameras, then we had to walk through a metal detector," said Cindy. "I remember seeing nuns standing on the metal chairs trying to get photos of the Pope," added Michelle.

"The Pope spoke for 30-45 minutes. In his address he spoke of Catholic education and the importance of continuing it," recalled Cindy and Michelle.

At the end of the convocation, during his procession out, the Pope stopped and held the hand of Dr. Kramer. At a recent Mass held here at Avila, Dr. Kramer recalled how he felt at that moment. "I was so ecstatic that I forgot about eating that night." For Dr. Kramer, representing Avila, witnessing the event, and holding hands with the Pope, were his special memories.

According to Cindy Cook, her highlights were "seeing the Pope, being able to listen to him, and being as close as I was; going with Sister Olive Louise and Dr. Kramer, and shaking Bryant Gumbel's hand."

"My highlight was probably being so close to the Pope. I never expected it. It was such a thrill!! When I was younger I pictured the Pope as being poised; but looking through the binoculars, I saw a natural human being," concluded Michelle Graff.

## Events Currently Scheduled for Homecoming Weekend

"Salt Water Moon"	Thurs., Oct. 1	8:00 p.m.
	Fri., Oct. 2	8:00 p.m.
	Sat., Oct. 3	8:00 p.m.
	Sun., Oct. 4	2:00 p.m.
Art Exhibit	Fri., Oct. 2	6:30 p.m.
Buffet Lunch for Nursing Alumni	Sat., Oct. 3	11:30 a.m.
Soccer vs. Lindenwood	Sat., Oct. 3	2:30 p.m.
Booster Club Open House	Sat., Oct. 3	4:00 p.m.
Volleyball vs. Wm. Jewell Harris-Stowe	Sat., Oct. 3	5:00 p.m.
Cocktail Buffet Supper	Sat., Oct. 3	6:00 p.m.
Homecoming Dance Embassy Suites on the Plaza	Sat., Oct. 3	8:00-mid.
Homecoming Mass	Sun., Oct. 4	10:00 a.m.
Brunch	Sun., Oct. 4	11:00 a.m.
<b>R.H.A. presents:</b>		
Bonfire-Ice Cream Social	Thur., Oct. 1	9:30 p.m.
Purple & Gold Day	Fri., Oct. 2	All day
Flag Football-Ridgway vs. Carondelet	Sun., Oct. 4	6:00 p.m.

## Opening Tonight!

Salt-Water Moon in the Goppert Theatre

October 1, 2, 3	8:00 p.m.
October 4	2:00 p.m.



The Chaplain's Corner

By Fr. Mike Zahorchak

Here's a 'trivia' question concerning some members of the Avila College Family:

Ques: What do Dr. Kramer, his wife Jan, Sr. Olive Louise, Michelle Graff, Cindy Cook & Fr. Mike have in common?

Ans: They all saw the Pope on his recent 9 day visit to the United States. There is one difference, though -- it's the difference between New Orleans & Detroit (about 1,150 miles, to be exact.)

And like Dr. Kramer, at the Mass for the Opening of School, I'd like to share some impressions of my visit to Detroit. Here they are, encapsulated in:

1. The tremendous amount of joyous anticipation before the arrival of John Paul II, and a greater amount of pride among the Catholic people, who comprise 65% of the metropolitan Detroit population after his departure.

2. The media exposure, as to monetary value, amounting to tens of millions of dollars, and which cost the Catholic Church nothing. This included 4 headlines of the morning and evening editions of both the DETROIT NEWS and DETROIT FREE PRESS. Included in this figure are: seven radio stations coverage and four T.V. stations (Channel 4 was a 24 hour minute-by-minute description of everything Papal & Detroit.)

3. The great crowds of people from all over the Midwest and suburban Canada (Windsor & London, Ontario), despite the drizzly weather and the inevitable traffic congestion.

4. The happy faces and tears of joy when the Pope addressed the people of the predominately Polish-Ukrainian section of Hamtramck in their native languages.

5. The foolhardiness (courage ?) of the small group of 3 anti-Catholic fundamentalists who stood on a street corner of the Pope's route, in the same area, passing out leaflets, clutching a Bible, and calling the Pope the "Anti-Christ", while, in the same breath, referring to Catholicism as 'the great heresy'. (They were quickly surrounded by police because of the grumblings of the offended and insulted bystanders, and escorted, posthaste, out of the neighborhood.)

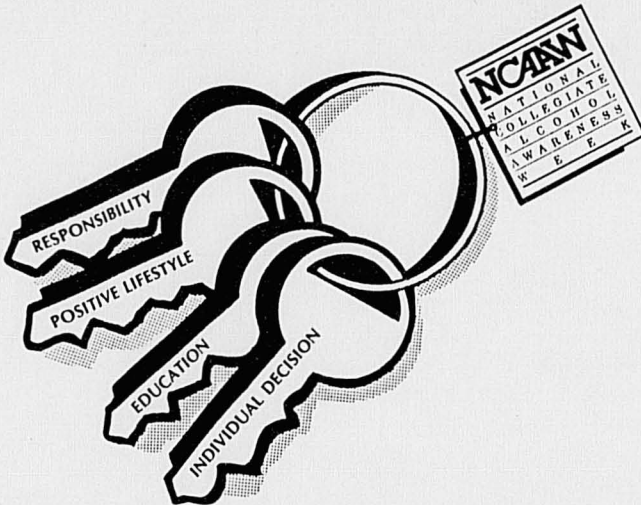
6. The airplane which flew over Hart Plaza in downtown Detroit, on the riverfront (where the Pope was to give an address and be entertained by various ethnic groups, including Aretha Franklin and the Gospel choir from her father's church) and trailed a sign reading: "Atheism - Another Option".

7. The standing - room - only crowd of 90,000 in the Silverdome in Pontiac where the Pope celebrated a 2-hour Mass, after which the people lingered and listened to the 1,200 voice 'all-parish' choir sing and entertain them.

8. The heavy police security everywhere because, to quote an officer, "The Pope is the most threatened personage in the world".

9. The afterglow of 'thrust-out-chest and button-popping' pride which eloquently, and with magnificent quiet, proclaimed, "I'm so proud to be a Catholic".

The keys to responsible decisions



When it comes to alcohol abuse - you hold the keys to prevention

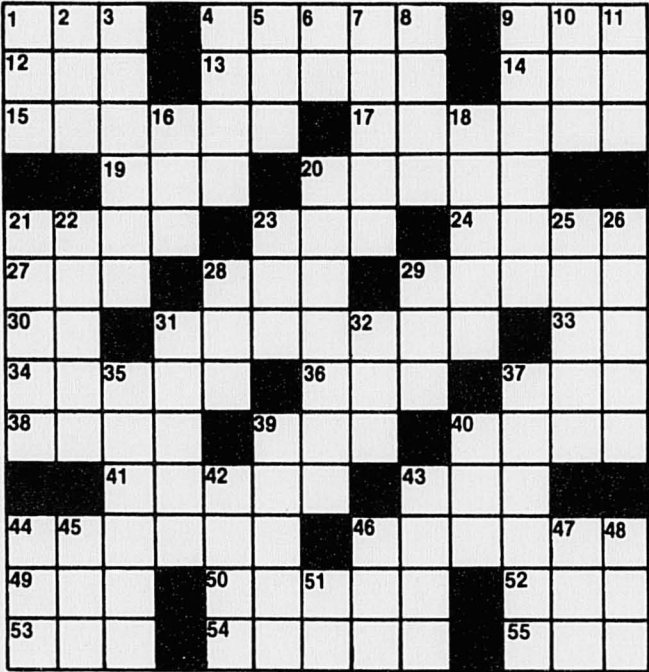
Support National Collegiate Alcohol Awareness Week OCT. 19-25, 1987

New Organization

Whether your career goals or interests are in broadcasting, reporting, promotion, writing, or acting, Avila's new Communication Club is here for you. Newly organized for the 1987-88 school year, the Communication Club plans to increase your knowledge of available opportunities in the communication field and give you experience that you can use later on, all within a social atmosphere. This year, the group will be led by co-chairmen Patrick Wood, Debby Amos, and Jeff Barker, and will be advised by Communications Department Coordinator Bill Covington and instructor Jennifer McKenna. Last year the club presented Roberta Solomon, KMBR-FM radio personality and host of KSHB-TV's "Creature Feature" program. This quality and entertaining program is the kind that the group would like to build upon this year. In addition to guest speakers, Avila's Communication Club wants to give its members opportunities to work in the field, travel to visit professionals, and act as an information clearinghouse for communications information.

Social events will be planned to bring the Avila communications community together and to show students what we have to offer. Broadcasting will be far from the only focus of the group. Experiences in promotion, writing, and many other communication-related fields will be explored. The Communications Club will be enjoyable and informative, and you can be a part of it now! Our next meeting will be Monday evening, October 12th, 6-7 p.m., in the Barefoot Room, Marian Centre. You don't even have to be a communications major to join. If you are interested in any facet of communication, we invite you to become a part of our new, exciting group, the Avila Communication Club.

Crossword Companion



ACROSS

- 1. Epoch
- 4. Sire
- 9. Tennis shot
- 12. Pave
- 13. Odor
- 14. Mock
- 15. Adore
- 17. Scan
- 19. Aged
- 20. Cent
- 21. Chore
- 23. Ban
- 24. Moray (pl.)
- 27. Some
- 28. Mister
- 29. Pointed missile
- 30. Verb (form of be)
- 31. Plan (pl.)
- 33. Plural of I
- 34. Poison
- 36. Eat (p.t.)
- 37. Jelly
- 38. Coat
- 39. Squeeze
- 40. Twist

DOWN

- 41. Desk
- 43. Drunk
- 44. Tune in (p.t.)
- 46. Aired
- 49. Mistake
- 50. Scary
- 52. Yale
- 53. Course
- 54. Oddity
- 55. Fish eggs

DOWN

- 1. 7th Letter, Greek Alphabet
- 2. Frightened (Early Eng.)
- 3. Military Depot
- 4. Poet
- 5. Before
- 6. Depart
- 7. Ash
- 8. Lake
- 9. Attorney
- 10. Ceres mother (Gr.)
- 11. Drone
- 16. Type, Sort
- 18. Burden

DOWN

- 20. Indulge
- 21. Cede
- 22. Origin
- 23. Lighter
- 25. Cut back
- 26. Bloat
- 28. \_\_\_\_\_ Spade
- 29. High card
- 31. Relation between tones on scale
- 32. Inhabitant (suf.)
- 35. Certifier
- 37. Ditch
- 39. Senior
- 40. Trick
- 42. Squabble
- 43. Hunt
- 44. Morning Moisture
- 45. Ireland Military Organization (abbr.)
- 46. By way of
- 47. Rock Group
- 48. Decrease
- 51. Concerning

Answer on page 4

Campus Ministry News & Activities

Here is a list of activities planned for the next 2 weeks.

Oct. 4 - Sunday, Homecoming Mass at 10:00 a.m., Goppert Theater.

Oct. 11 - Sunday, CROP walk. This is a joint effort with the Diocese of K.C.-St. Joseph to raise money for the poor & homeless. Pledge sheets will be distributed. For more information, contact David Melton, ext. 204, or Beth Maren, ext. 228.

Oct. 15 - Thursday, Feast of St. Teresa of Avila, the patroness of our College. There will be a Mass at noon in the Chapel. Angie Bryde, a 3rd year student, will give some

reflections on the life of St. Teresa.

Oct. 17 - Saturday, "Christmas in October". This is a day, chosen and sponsored by one of our Board Members, Dick Miller, to help rehabilitate houses in the Inner City. Here at Avila this effort is being coordinated by Beth Maren, and headed by the History Club. (Pres. Tim Westcott)

P.S. Have you noticed the 4-page blue and white leaflet scattered throughout the campus? That's the Campus Ministry Brochure, which explains what we are all about. Why not pick one up and take it with you?

Colleges Sponsor Gerontology Day

Are you interested in a rapidly-expanding field with limitless career opportunities? The field of Gerontology could be for you.

Avila College, Kansas City, Kansas Community College, Washburn University and the Allied Health Science Department of Kansas University Medical Center are co-sponsoring their annual "Careers In Gerontology" day. It will be held Friday, October 16 from 12:00 to 2:00 p.m. on the Avila College campus in the Whitfield Conference Center.

Representatives from the Area Agency on Aging, Social Services in Aging, State Boards from Missouri and Kansas, Nursing Homes, Hospitals, Health Care Agencies, Educational Institutions, Professional Organizations, Gerontologists and Volunteer Organizations will be in attendance to answer your questions. "Careers In Gerontology" is free and open to the public.

Explore the field of Gerontology. For more information call Avila College at 942-8400, ext. 248.

Examiner Staff

Editor.....Debby Amos  
Layout Editor.....Marie Imming  
Copy Editor.....Kim Praiswater  
Feature Editor.....Patrick C. Wood  
Sports Editor.....Mike McCollow  
Reporters.....Tim Barchak, Lisa Ruggiero, Todd Perkins, Chrissy Efferts, and Jeff Barker  
Advisor.....Beth Maren

The Avila Examiner is published bi-monthly during the academic college year by Avila College for students, faculty, administration and staff. This publication is made possible through funding from Student Activity Fees.

Writers, photographers, and editors are needed to fill staff vacancies. Interested students, with or without newspaper experience, are encouraged to become involved in the publication of this student newspaper.

Opinions expressed in the Avila Examiner do not necessarily represent the official position of Avila College but rather that of the Editorial Staff of the Examiner.

The Avila Examiner reserves the right to edit and print all materials received for publication.

For more information please contact Beth Maren, Director of Residence Life, Marian Centre, Avila College, 11901 Wornall Road, Kansas City, Missouri 64145.



## Mike Gilgannon: A Voice Cries Out

**By Tim Barchak**

The week of September 7-14, Father Michael Gilgannon, one of the Catholic Church's foremost experts on Latin America and strongest advocates for social justice, was in Kansas City. Father Gilgannon, a priest from the Diocese of Kansas City -- St. Joseph, has been serving as a missionary to Bolivia since 1974. Gilgannon is an accomplished author and orator.

I was fortunate to speak with Fr. Gilgannon at UMKC's Newman Center. The agile mind of the priest easily fielded questions ranging from theology to international economics. For the sake of brevity, I have chosen to discuss only three issues that concerned Gilgannon: Latin America, social justice at the parish level, and Catholic higher education.

Fr. Gilgannon perceives the fate of the United States to be joined with that of Latin America. Corrupt Latin governments have borrowed excessively from U.S. banks since the 1960's, resulting in a debt crisis. The facade of a strong U.S. economy could be shattered without the continual flow of interest payments from the South. Gilgan-

non remarks that "The excess of the United States is financed by the Third World." Those suffering the most from the present situation are the poor of Latin America. Their governments cut money from social help plans and increase cash crops for export to pay the debts. Hardships from these stringency programs lead to unrest in the nations.

Fr. Gilgannon states that the civil discontent of Latin America is misunderstood by the North. Communism is blamed for social revolt, rather than economic and political inequalities. Gilgannon does not see the Soviet Union in the role of a direct and immediate agitator: "The Russians plan to pick up the pieces after the U.S. alienates the people."

The role of the parish priest in social justice was also addressed by Gillingham. During his visit to K.C., the missionary persuaded priests to preach social justice from the pulpit. He noted that many priests were afraid of being "too political" or of "stirring up trouble" in their parishes.

Finally, Gilgannon spoke about the role of Catholic colleges and

universities in the promotion of peace and justice. According to Gilgannon, there is "... a need to rethink the direction of Catholic education", because of several problems that have appeared. First, Catholic schools have failed to reach out to blacks and hispanics. In the past, these schools educated the sons and daughters of working class immigrants. Today, the same interest has not been shown for working class minorities. Second, many Catholic schools have business programs that fail to teach business ethics. The Bishop's Economic Pastoral should be used as a guide for future programs. Third, Catholic colleges and universities have become fearful of risk taking. Survival of the institution has become paramount. The maintenance of endowments forces the closing of ranks, the silencing of debate and a noncommittal attitude.

"A voice cries out: In the desert prepare the way of the Lord! Make straight in the wasteland a highway for our God!" Is. 40,3-4. From Isaiah to Gilgannon, the legacy and the challenge is passed to a new generation.

## Updated Movie Series

Oct. 16	The Color of Money
Oct. 23	Never Say Never Again
Nov. 6	Platoon
Nov. 13	Jagged Edge
Dec. 4	Snow White and the Seven Dwarfs
Dec. 11	Monty Python Live at the Hollywood Bowl Monty Python Now For Something Dif- ferent
Jan. 29	Dragnet
Feb. 19	The Color Purple
March 18	Adventures in Baby- sitting
March 25	Salvadore
April 8	The Mission
April 15	Lethal Weapon
April 29	Ernest Goes To Camp

SPONSORED BY S.U.B.

**Oct. 16 -- Friday**  
**7:00 p.m.**  
**Marian Centre Lounge**  
**\* FREE \*\* FREE \***

## Dean's List Spring 1987

Aguirre, Janet Marie  
 Albors, Judith Ann  
 Alexander, Leanne Marie  
 Alexander, Marilyn Shuler  
 Armbruster, Bonnie Mary  
 Bader, Tasneem  
 Barchak, Timothy Peter  
 Barker, Jeffrey Brian  
 Battle, Carol Marie  
 Bauer, Kathleen A.  
 Bonar, Joyce Ethel  
 Boutte, Nancy Ellen  
 Brandenburg, Marva Lou  
 Caddell, Katrina Hope  
 Canzonere, Carmen Elaine  
 Capuzelo, Barbara Eve  
 Chalmers, Victoria Lynn  
 Christopher, Mary Elizabeth  
 Coleman, Kelly Dee  
 Cook, Cynthia Marie  
 Cooke, Linda Lee  
 Corder, Sylvia M.  
 Daugherty, Shawna Elizabeth  
 Day, Glynnis Louise  
 Denny, Sherry Jean  
 Drysdale, Jeanne A.  
 Duncan, Stacey Michelle  
 Dunning, Mary Hazel  
 Edie, Melody Lynn  
 Elliott, William Jared  
 Ennis, Shannon Keith  
 Falling, Melissa Jo  
 Figge, Diane Marie  
 Fonseca, Eileen June  
 Garrett, Martha Jane  
 Gates, Lesa Lynn  
 Gerard, Cynthia M.  
 Gerhan, Kent Harold  
 Girardi, Vita Anne  
 Goeglein, Becky Kay  
 Gonier, Cathrine Marie  
 Gowing, Patsy Ruth  
 Graham, Sandy Sue  
 Gripp, Jamie Lee  
 Hadel, Kathleen Denise  
 Hart, Vicky Jeanette  
 Hartman, Pamela Jean  
 Hilyard, Abby Gail  
 Horsley, Marilyn T.  
 Hughes, Ann Marie  
 Ingram, Jeanette F.  
 Jackson, Kathleen Blair  
 Jansen, Danny D.  
 Jewell, Scott David  
 Jones, Brian Neal  
 Jurd, Kimberly Lynn  
 Justesen, Tracy Ann  
 Kampeter, Patricia Geraldine  
 Kelly, Kimberly Renee  
 Kiwala, Michael Robert  
 Klein, Janet Lynn  
 Kussman, Katherine Anne  
 Lerner, Ronnie Kay  
 Lewis, Misty Lee  
 Lindsey, Susan Marie  
 Long, Alberta Mae  
 Lynas, Angela Christine  
 Lyons, Debbie Lynn  
 Mabrey, Daniel R.  
 Maehl, Ingrid Elisabeth  
 Mage, Robyn Leanne  
 Martinez, Dayna Raquel  
 Marx, Stephanie A.  
 Mazeitis, Renee Elizabeth  
 McDaniel, Amy Lianne  
 McDonald, Dorothy Lynn  
 McGear, Patricia Ann  
 McKee, Margaret Ann  
 McKinney, Kristin Louise  
 McTaggart, Rick D.  
 Meridith, Joyce M.  
 Metcalf, Shana Renee  
 Milby, Robert Steven  
 Miller, Louise A.  
 Minks, Jo Anne  
 Monnig, Susan J.  
 Moorman, Kathy Jeanette  
 Morris, Kimberly Diane  
 Mossinghoff, Deborah Ann  
 Mudd, Patricia Ann  
 Murphy, Margaret Ann  
 Nance, Elizabeth Ann  
 Neaves, Pamela L.  
 Oermann, Maribeth Lynn  
 Oleson, Christopher John  
 Parker, Jennifer Sue  
 Petet, Patricia Lynn  
 Raders, Christopher Brent  
 Reed, Lynda G.  
 Ripperger, Marya Anne  
 Rowan, Bobbi Jean  
 Roy, Kathleen Anne  
 Schmidt, Eric John  
 Scoffs, Robert Michael  
 Shay, Gina Marie  
 Silberman, Connie  
 Sims, Miquelaine Gale  
 Sledge, Vickie Regina  
 Smith, Anita G.  
 Smith, Jacqueline Jo  
 Smith, Marie E.  
 Sneed, Vivian Ann  
 Stirnman, Traci Ann  
 Sudtelgte, Geri Lynn  
 Sutherland, Mark Erin  
 Thornhill, Stephen Gerard  
 Towler, Janice Lee  
 Troxler, Belinda Ruth  
 Trumbo, Crystal Diane  
 Turek, Martha G.  
 Twenter, Mary Sharon  
 Vancamp, Randall Philip  
 Vannote, Susan Elizabeth  
 Vanelpt, Mary Theresa  
 Vos, Julie Lee  
 Voth, Lisa Marie  
 Warburton, Deborah M.  
 Watson, Margo M.  
 Watts, Christopher Lee  
 Werth, Kimberly Ann  
 Westbrook, Gerald R.  
 Westcott, Timothy Charles  
 Willens-Ortbals, Susan Lynn  
 Williams, Tammy Marie  
 Willming, Lora JoAnn  
 Wilson, Cindy A.  
 Wolfe, Lisa Lynn  
 Wood, Patrick Charles  
 Yarshen, Jennifer Lynn  
 Yoss, Kari Sue  
 Zahony, Kathy Eva

## Rapid Results with No Sweat

**By Chrissy Effertz**

Are you tired of working out at the gym and finding that sweat is a never-ending battle? Do you find yourself in the whirlpool, instead of on the stationary bike? Do you no longer have the stamina for a rigorous exercise routine? If any of the above apply, then it sounds as if Rapid Results is the place for you!

Rapid Results, which is located at 11133 Locust in the Red Bridge shopping center, is a center which introduces passive exercising. Kevin Ruby, who is the owner of Rapid Results will take you through six different workout tables. These exercise tables were developed over thirty years ago by a doctor who would use them as physical therapy for his patients. The patent

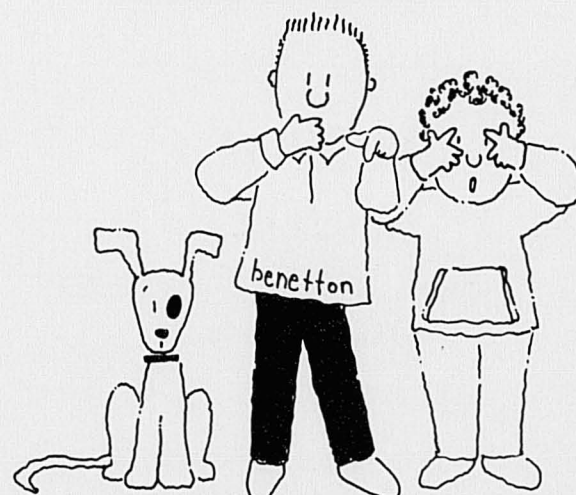
has recently been released on these beds, so now they are being used at different toning centers.

Working out for eight minutes on each table is comparable to forty-eight minutes of floor exercises. The multitude of repetitions causes the muscles to contract and expand. This in turn tears away the fatty tissue from the muscle mass and leads to a loss of inches. "The difference between the gym and Rapid Results is that here you are taking the fat off and toning; whereas the gym you are toning the fat into muscle", says Kevin.

Kevin says that this program is for both male and female, and

**Continued on page 4**

# We've Dropped Our Pants!



The price of pants has dropped at Benetton. From now until October 31st, all of our Italian fashion jeans are 10% off with this coupon. Stop by soon. After all, we don't lower our pants very often. Plaza. Ward Parkway. Oak Park and Bannister Malls.

benetton

benetton

### Departmental Tutoring Schedules (No Charge) -- Fall 1987

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHEMISTRY</b> 11:00-2:00 Shannon Ennis Room 216	<b>CHEMISTRY</b> 10:00-11:00 Shannon Ennis Room 216	<b>CHEMISTRY</b> 11:00-12:00 Shannon Ennis Room 216	<b>CHEMISTRY</b> 11:00-12:00 Tassie Bader Room 216	<b>CHEMISTRY</b> 11:00-12:00 Tassie Bader Room 216
<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 2:00-2:40 Crystal Trumbo Room 208	<b>CHEMISTRY</b> 11:00-12:00 Tassie Bader Room 216	<b>CHEMISTRY</b> 1:00-2:00 Tassie Bader Room 216	<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 2:00-2:40 Crystal Trumbo Room 505	
<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 1:00-1:55 Angela Lynas Room 506	<b>CHEMISTRY</b> 12:00-2:00 Shannon Ennis Room 216	<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 1:00-1:55 Angela Lynas Room 505	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <b>COLLEGE SKILLS CENTRE</b>  <b>Lower Blasco</b>            Additional Tutoring can be            received in the Skills Centre            in lower Blasco. Walk-ins are welcome.  <b>942-8400, ext. 270</b> </div>	
	<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 1:30-3:30 Angela Lynas Room 505	<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 2:00-3:30 Crystal Trumbo Room 208		
<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 7:00-7:55 Angela Lynas Room 308	<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 6:00-6:55 Angela Lynas Room 506	<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 7:00-7:55 Angela Lynas Room 308	<b>MA 11 FUND CONCPTS</b> <b>MA 12 ALG CONCPTS</b> <b>MA 16 INT ALG TRIG</b> 6:00-6:55 Angela Lynas Room 402	



## Avila Women Setting Up for Great Season

By Mike McCollow

The Avila women's volleyball team, who have competed in two major tournaments and two dual matches since we last went to press, have started to come into their own. After a tough time at the Missouri Southern Tournament, Avila started on a six-game winning streak where they swept through every match 2-0. During that stretch, only twice did opponents score more than ten points. Included in this streak were victories over district teams Mo. Valley, Mo. Baptist, and School of the Ozarks. Four of these wins came at the start of the Avila Tournament, which put the women into the semifinals. After being defeated by an overwhelmingly tough Mo. Southern squad, the women lost a heartbreaker to rival Rockhurst. The third-place game between Avila and Rockhurst was an emotion-filled match that saw the first game seesaw back and forth

until Rockhurst finally prevailed 15-13. Avila then jumped out to a 7-1 lead in game two, before running out of gas and succumbing 15-8. They got back on the winning track immediately by beating Tarkio and St. Mary's at Tuesday's home dual match. The win over Tarkio raised their district record to 5-4, and their overall record to 13-8. Freshman Tina Caldwell of Shawnee Mission West High, felt that the winning streak really helped the team's confidence. "We really started to play well during that stretch. We were full of emotion during our tourney, and we really started to feel we could play with anybody. We just need to get over the top. We are going to have to be more consistent if we are going to beat the best teams."

Hopefully consistency will come. The team has shown they have all the tools, it's now time to get it all together.

## Soccer Team Enjoys National Ranking

By Mike McCollow

The Avila men's soccer team, with recent victories over Westminster, Tarkio, SW MO State, and Missouri Rolla raised their season record to 6-2-2. In the four games, Avila showed great team defense as no opponent scored more than 2 goals. Without All-American and high scoring forward Mike Corrigan Avila was forced to get their scoring from others. Jack Park, Dave Reichert, Scott Anderson and the rest have seen to it that the ball still gets put in the net. With the consistent play of goalkeeper Dan Mabrey, and a strong, aggressive defense, Avila has enjoyed the luxury of not having to score many. Included in that stretch of four wins was an impressive match with Division 1 SW MO St., where Avila

pretty well controlled the entire game, winning 3-1. Getting tallies for the men were Reichert, Anderson, and freshman Dave Ulrich. This win was noted in Monday's edition of **USA TODAY**, which also noted the men's national ranking of 16th. A tough loss to Mo. Southern on Wednesday will hopefully fire the troops up for Sunday's match with annual rival Rockhurst. There is no love lost between the two teams, or between the two schools for that matter, and Sunday is the chance the squad has been looking forward to since last year. Goalie Mabrey felt the team didn't have their best effort against Southern, and feels that this will only help them prepare for Rockhurst.

## ASNO Enthusiasm

The Avila Student Nurse's Organization (ASNO) is currently underway for the 1987-88 school year. ASNO is open to all pre-nursing and nursing majors; freshman through senior year. The organization is now actively recruiting enthusiastic nursing hopefuls to come share their ideas and input to make this the best year ever. Meetings are scheduled for the first Monday of the month at 12:30 in the Holmes Room in Borserine Hall.

To kick off the 1987-88 year, ASNO actively participated in a fund raiser selling Tupperware to increase club funds. Currently plans are being made for a hayride tentatively scheduled for mid-October.

If you are interested in ASNO, or have any suggestions/questions, contact any of the 1987-88 officers: Val Hill, Angie Davis, Paula Childress, Lynnette Hayes, or any currently active ASNO member.

If you are a new nursing major, or returning nursing student -- come see what YOUR organization has to offer.

## Sweat,

Continued from page 3

recommends at least three visits a week. If you'd like to give it a try, the first visit is free. He says that it takes about six visits to really see the inch loss. The set of six visits is priced at \$37.50. Rapid Results also offers the latest in tanning, too. Like the beds, the first visit is free, then they start at \$6 for a visit. So, if you'd like to try a painless exercise, try Rapid Results. It's no sweat!

Ring Day — Oct. 12, 2-7 p.m., \$10 discount this day only! Rings can be ordered through the bookstore at any time, but discount only on Oct. 12.

To RH Staff:

As a result of your undivided concern, cooperation, and moral support -- the dinner salads are on me! THANKS -- September isn't so bad after all!!

Beth

I couldn't find any chalk, Susan Waggener -- so I thought I would send a special hello via the newspaper. HELLO SUSAN!!

-Guess Who?

You are constantly in my prayers, Liz Moran ... I love you!

Good luck with Salt Water Moon, Fran. I know you will do fine: Just remember these two words: ensemble and concentration.

Thanks for your support, Beth Maren!

-Fred

Happy 21st Birthday, Candis.

Fred: You are the sunshine of my life!!

-Freida

I'm sorry, I have to work on the 3rd, sweetie. Hopefully upstairs didn't turn you down.

Happy, happy Homecoming, DD!! Best wishes with Elliot. Working isn't all that bad.

To whom it may concern: It is communication, not communications...

Join Student Union Board  
and  
James Bond

## NEVER SAY NEVER AGAIN



October 23 -- Friday  
7:00 p.m.

Marian Centre Lounge

\* FREE \*\* FREE \*

## Men's Soccer Schedule

Sat	Sep 19—SW Missouri State	Home 2:00
Sun	Sep 20—Missouri Rolla	Home 1:00
Wed	Sep 23—Missouri Southern	Away 3:30
Sun	Sep 27—Rockhurst	Home 2:00
Wed	Sep 30—Grand View College	Away 3:00
Sat	Oct 3—Lindenwood Homecoming	Home 2:00
Fri	Oct 9—Harris-Stowe	Away 3:00
Sun	Oct 11—McKendree	Away 1:00
Wed	Oct 14—Park	Home 3:30
Sat	Oct 17—John Brown	Away 2:00
Sun	Oct 18—Tulsa	Away 2:00
Wed	Oct 21—Drake	Home 3:30
Sun	Oct 25—Central Methodist	Home 2:00
Wed	Oct 28—William Jewell	Away 3:00
Sat	Oct 31—Missouri Valley	Away 1:00

## Women's Volleyball Schedule

Thu	Oct 1—Penn Valley	Away TBA
Sat	Oct 3—William Jewell & Harris-Stowe	Home 4:00
Tue	Oct 6—Benedictine & Mid-AM	Home 6:00
Fri	Oct 9—Rockhurst Tourn.	Away TBA
Sat	Oct 10—Rockhurst Tourn.	Away TBA
Tue	Oct 13—MO Valley & MO Western	Home 6:00
Thu	Oct 15—Park College	Away 6:00
Sat	Oct 17—Benedictine	Away 11:00
Tue	Oct 20—William Jewell	Away TBA
Wed	Oct 21—Washburn & Pittsburg University	Home 6:00
Mon	Oct 26—Emporia & Rockhurst	Home 6:00

## ATTENTION! ALL STUDENT CLUBS & ORGANIZATIONS and STUDENTS INTERESTED IN FORMING A CLUB

You must register with the Director of Student Development, Office of Student Life, to become a **recognized campus organization**.

All organizations must register regardless of previous status. Registration forms may be picked-up in the Office of Student Life.

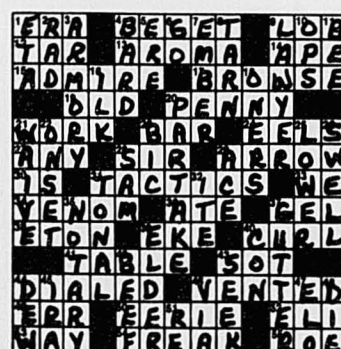
Only registered campus organizations may:

- Use College facilities and services
- Sponsor On-campus fundraising events
- Request dates on the College Master Calendar
- Receive funds through the Student Activity Fee Board
- Sponsor programs and activities under the auspices of Avila College

Answers to questions regarding club registration or formation can be found in the **Avila College Student Handbook** or directed to the Director of Student Development, Office of Student Life, ext. 227.

**Register now to avoid any delay in invoking your rights!**

## Crossword Puzzle Solution



To my 2:30 friend; revenge ... and soon ...

Debby--

Examiner looks better than ever!! Remember who your true critics are.

-Your faithful advisor

## DELIVERY DRIVERS Cadillac Cafe

Earn \$5/\$7 per hour, part-time. Days & evenings. Must be 18+ & have insured car. Apply at 6725 W. 75th from 2-4 or call 642-CAFE.



## CLASSIFIED ADS

## ATTENTION — STUDENTS —

National Firm preparing for  
Fall/Winter work.

\$7.75 to start.

If you qualify, corporation scholarships are awarded, internships are possible and you may earn 2, 3, 4 credits per semester.

Must apply now —

345-9675

(9-12 noon or 3-6 p.m.)